Military Family Resources Referral Manual



Original By: Flordeliza Herring (Summer 2012)

Revised By: Angela Nalani Mendiola (2013); Asti P. Sorge (2014)

Current Revision By: Jaleesa Jimenez (Summer 2015)

Chaminade University of Honolulu

Editor: Ronnie Mulford, Ph.D.

Contents

Directory / Commonly Referenced Numbers	6
Internet Resources	10
Counseling	12
Oahu Counseling Services	12
Veterans Centers	12
United States Veterans Initiative (U.S. Vets)	14
Child and School Services	15
School Liaison Officers	15
Exceptional Family Member Program	16
PATCH Hawaii	168
Respite Care	17
National Association of Child Care Resource and Referral Agencie (NACCRRA)	
Child Development Centers	20
Army School-Age Services (SAS)	22
School-Age Care	24
SKIES Unlimited	26
Special Programs	26
Parents Night Out / Give Parents a Break	26
The EDGE! (Experience, Develop, Grow and Excel)	26
Torch Club	27

Middle School /Teen	27
Camps	28
Sports and Fitness	29
CYSS Youth Sports	29
Contact Numbers:	29
MWR Youth Sports Program	29
Pee Wee Sports	30
Employment Assistance	32
Family Employment Readiness Program	32
Family Support Program	33
Military and Family Support Center (MFSC)	33
Soldier and Family Assistance Center (SFAC)	33
Hawaii National Guard Family Program	34
New Parent Support Home Visitation Program (NPSHVP)	35
Family Life Education Services	36
Military and Family Life Consultant (MFLC)	36
Family Life Chaplain	37
Financial Management	38
Financial Readiness	38
Accredited Financial Counselors	39
Army Emergency Relief (AER)	391
First Termer Financial Workshop	40

Legal Assistance		42
Mental Health Program		42
Military Pathways		42
National Guard Psychologica	ıl Health Program	42
Tripler Army Medical Center	- Department of Psychology	43
National Veterans Foundation	on	43
Scholarships		44
The American Legion Legacy	/	44
Children of Warriors Nationa	al Presidents' Scholarship	44
General Henry H. Arnold Edi	ucation Grant Program	45
Mike and Gail Donley Spous	e Scholarship	47
MyCAA Scholarship Program	1	48
Tillman Military Scholarship.		48
Marine Corps Scholarship Fo	oundation	50
Heroes Tribute Scholarship I	Program for Children of the Fallen	51
Scholarships for Military Chi	ldren	51
AFCEA Scholarships		53
ThanksUSA Scholarship		54
Folds of Honor Foundation S	Scholarship	55
Army Women's Foundation I	Legacy Scholarship	57
The Dependents' Educationa	al Assistance (DEA) Program	59
Survivor Services		61

Survivor Outreach Services	61
Tragedy Assistance Program for Survivors (TAPS)	62
Wounded Warrior Project	63

^{**} The listings in this community referral resource manual are for reference only, and are not intended to be an endorsement, nor offer or replace medical advice.

Directory / Commonly Referenced Numbers



Oahu Military Base Operator		(808) 449-7110
Army Community Service (AC	S), Fort Shafter	(808) 438-4227
Army Community Service (AC	S), Schofield Barracks	(808) 655-4227
Exceptional Family Mem	ber Program	(808) 655-4777
Employment Readiness F	Program	(808) 655-7132
Relocation Readiness Pro	ogram	(808) 655-1699
Army Survivor Outreach Servi	ces (SOS)	(808) 438-4227
Adult Family Member Assistar	nce Center	(808) 433-2778 ext 362
Soldier and Family Assistance	Center (SFAC)	(808) 655-7171
Schofield Barracks Soldier Ass	sistance Center	(808) 433-2778 ext 361
TAMC Child & Adolescent Ps	ychiatry	(808) 433-6418
Base Police (non-emergency)		
Fort Shafter		(808) 438-7114
ЈВРНН	(808) 474-2222 / (808) 471	-1550 / (808) 471-1551
Marine Corps Base Hawa	ii	(808) 257-2123
Schofield Barracks		(808) 655-7114

Chaplain Contacts

U.S. Army Garrison – Hawaii (808) 655-8731

Schofield Barracks (808) 655-9355

Duty Chaplain (after hours) (808) 656-3272

Marine Corps Base Hawaii (808) 257-3552 / 257-5138

JBPHH (808) 449-1754

Emergency (Fire, Police, Ambulance) 911

National Capital Poison Center 1-800-222-1222

Military OneSource 1-800-342-9647



Behavioral Health (Crisis/Suicide)

Available 24-hours a day, 7 days a week a team of trained and experienced professionals can provide help to you or your family members. On Oahu, call the Hawaii Suicide Hotline at (808) 832-3100. On the Neighbor Islands, call toll free at 1-800-753-6879. You may also call the following:

The Veteran's Crisis Line 1-800-273-8255 (press 1)

The National Hopeline Network 1-800-SUICIDE / 1-800-784-2433

The National Suicide Prevention Lifeline 1-800-273-TALK/ 1-800-273-8255

Domestic Violence

If you are in a crisis situation and require immediate assistance, dial 911 or call the following hotlines:

ACS Victim Advocacy	Program ((808)	624-SAFE ((7233)
ACS VICIIII AUVOCACY	1 logialli (000	/ UZ4-SAITE ((145.

Air Force Family Advocacy Program (808) 449-0175

Army Family Advocacy Program (808) 433-6606

Marine Corps Family Advocacy Program (808) 257-7779

Navy Family Advocacy Program (808) 474-1999 ext 6200

The National Domestic Violence hotline 800-799-SAFE (7233)

Child Abuse Reporting

Oahu (808) 832-5300

Neighbor Islands 1-800-494-3991

Military Family Abuse Shelter (808) 533-7125

Marine Corps Installation Domestic and Child Abuse helpline (808) 216-7175

You may also contact the following shelters in Hawaii:

Oahu:	
Honolulu and Leeward	(808) 841-0822
Kailua	(808) 528-0606
Kaneohe	(808) 526-2200
Island of Hawaii:	` ,
Hilo	(808) 959-8864
Kona	(808) 322-7233
Kauai	(808) 245-6362
Lanai	(808) 565-6700
Maui	(808) 579-9581
Molokai	(808) 567-6888
Sexual Assault and Harassment	
Kapi'olani Sex Abuse Treatment Center	(808) 524-7273
The Pennsylvania Coalition Against Rape	888-772-PCAR
(7227)	866-772-1 CAN
DoD Safe Helpline	877-995-5247
Tripler Army Medical Center ER	(808) 433-3707
Marine Corps SAPR Program Manager	(808) 257-7777
Joint Base Pearl Harbor Hickam SARC	(808) 449-7272
Hawaii National Guard	1-888-727-7101
Sexual Harassment / Assault Response and	
9474	, (===,
Air Force	(808) 449-7272
Army	(808) 655-9474
Coast Guard	(808) 842-2090
Marine Corps	(808) 216-0126
Navy	(808) 722-6192



Internet Resources

Special Parent Information Network (SPIN) www.spinhawaii.org

Hawaii Autism Foundation www.hawaiiautismfoundation .org

The Arc in Hawaii www.thearcinhawaii.org

Easter Seals Hawaii www.easterseals.com/hawaii/

Family Programs Hawaii www.familyprogramshawaii.org

DoD Safe Helpline safehelpline.org

Women, Infants, and Children http://health.hawaii.gov/wic

Military Impacted Schools Association www.militaryimpactedschoolsassociation.org/

Hawaii Department of Education (DOE) www.hawaiipublicschools.org

Military Families Near and Far https://www.familiesnearandfar.org/resources/

Long Distance Relationships www.longdistancecouples.com/

Dads Adventure www.dadsadventure.com

National Military Family Association www.militaryfamily.org

Hawaii National Guard Family Program hawaiiguardohana.org

Operation Homefront of Hawaii www.operationhomefront.net/hawaii

People Attentive to Children (PATCH) www.patchhawaii.org

Hawaii Parent www.hawaii-parent.com

Parents and Children Together (PACT) www.pacthawaii.org

Zero to Three www.zerotothree.org

One Strong 'Ohana http://hawaiichildrenstrustfund.org/content/one-strong-ohana

The Parent Line www.theparentline.org/

Ch1ldren Now http://www.childrennow.org

Military Spouse Employment https://msepjobs.militaryonesource.mil

Transition Careers www.transitioncareers.com

Joint Employment Management System (JEMS) www.JEMSJobs.com

Military Spouse Career Center

Department of the Navy Civilian Employee Assistance

Military One Source

GreatLifeHawaii

HiMilitary: The official Military Guide

USO Hawaii

www.transitioncareers.com
www.JEMSJobs.com
www.military.com/spouse
DONCEAP.foh.hhs.gov
www.militaryonesource.mil
www.greatlifehawaii.com
www.himilitary.com
www.uso.org/hawaii



Counseling

Oahu Counseling Services

Oahu Counseling Services provides individual counseling, couples counseling, military family and singles counseling, transitional counseling, court ordered assessment, substance abuse counseling, domestic violence counseling, anger management counseling, and an employee assistance program.

Address: 1311 Kapiolani Blvd. Suite 315

Honolulu, Hawaii 96814

Phone: (808) 349-1137

Veterans Centers

Readjustment counseling is a wide range of psychosocial services offered to eligible Veterans and their families in the effort to make a successful transition from military to civilian life. They include:

Individual and group counseling for Veterans and their families
Family counseling for military related issues
Bereavement counseling for families who experience an active duty death
Military sexual trauma counseling and referral
Outreach and education including PDHRA, community events, etc.
Substance abuse assessment and referral
Employment assessment & referral
VBA benefits explanation and referral
Screening & referral for medical issues including TBI, depression, etc.

Island of Hawaii

Hilo

Address: 70 Lanihuli Street, Suite 102

Hilo, HI 96720

Phone No: (808) 969-3833

Kailua-Kona

Address: 73-4976 Kamanu Street, Hale Kui Plaza, Suite 207

Kailua-Kona, HI 96740

Phone No: (808) 329-0574 / 877-927-8387

Island of Oahu

Honolulu

Address: 1680 Kapiolani Blvd., Suite F-3

Honolulu, HI 96814

Phone No: (808) 973-8387

Kapolei

Address: 885 Kamokila Blvd, Unit 105

Kapolei, HI 96707

Phone No: (808) 674-2414

Island of Kauai

Lihue

Address: 4485 Kuhio Pahe'e St. Suite 101

Lihue, HI 96766

Phone No: (808) 246-1163 / 877-927-8387

Island of Maui

Wailuku

Address: 35 Lunalilo Street, Suite 101

Wailuku, HI 96793

Phone No: (808) 842-8557 / 877-927-8387

United States Veterans Initiative (U.S. Vets)

U.S.VETS is a private non-profit organization providing housing, employment and counseling services to our nation's veterans, the men and women from all branches of the armed forces who have served their country from World War II to the current conflict in Afghanistan. At each of our eleven locations around the country, U.S.VETS personnel go into the local community to find homeless veterans and guide them to crucial services that might help alleviate the challenges they face as a result of their homelessness. The range of services includes housing and employment assistance, as well as access to veterans benefits and treatment for mental and physical health problems and substance abuse.

Island of Oahu

Barbers Point

Address: P.O. Box 75329, Kapolei, HI 96707

Phone No: (808) 672-2977

Waianae

Address: 85-638 Farrington Highway, Waianae, HI 96792

Phone No: (808) 696-6770



Child and School Services

School Liaison Officers

The School Liaison Officer (SLO) serves as the primary liaison between Hawaii's community schools, commanders, and military parents pertaining to K-12 education. The SLO also implements the K-12 education aspect of the Commander Navy Region Hawaii Strategic Engagement Plan. In particular, the School Liaison Office can assist with information on enrollment requirements and options; information on which schools service which housing areas; transition support for both families and schools; connections to Navy support organizations, such as the Fleet & Family Support Center; Exceptional Family Member Program, and Child & Youth Programs; and fostering a cooperative relationship among school administrations, parents and commands.

Army SLO (808) 655-8326

Air Force / Navy SLO (808) 422-3770

Marine Corps SLO (808) 257-2019

Army National Guard SLO (808) 844-6049

Coast Guard SLO (808) 842-2089

Address: 620 Main St. Bldg. 3456

Joint Base Pearl Harbor Hickam, HI 96818

Phone: (808) 422-3770 / 3771



Exceptional Family Member Program

The Exceptional Family Member Program (EFMP) works with military families with special needs to address their unique needs throughout the assignment process and after families have settled into their new installation.

EFMP Army: 2091 Kolekole Avenue Schofield Barracks, HI (808) 655-4ACS (4227)

EFMP Tripler Army Medical Center: 1 Jarrett White Rd, 7th Floor Oceanside Honolulu, HI 96859 (808) 433-4441

EFMP Fort Shafter: 217 Montgomery Drive Fort Shafter, HI 96858 (808) 438-4ACS (4227)

EFMP JBPHH: 4827 Bougainville Drive Honolulu, HI 96818 (808) 474-1999 ext.6102

EFMP Marine Corps Base Hawaii Box 63073, Bldg 219 Kaneohe HI, 96863-3073 (808) 257-0290



PATCH Hawaii

PATCH is Hawaii's statewide child care resource and referral agency. Child care resource and referral (CCR&R) agencies, like PATCH are located throughout the country. CCR&R services have evolved from grassroot efforts to help parents find child care, to well-developed systems that support parents, providers, and local communities in finding, planning for, and providing quality child care. PATCH supports the professional development of care givers through training to improve the quality of care they are providing and to better understand the needs of the market. At PATCH, our mission is to support and improve the quality and availability of care for the young people of Hawaii. PATCH is the only Hawaii member of the National Association of Child Care Resource and Referral Agencies (NACCRRA). PATCH helps Hawaii's military families by:

- Producing a FREE list of child care referrals to meet the specific needs of your family upon request.
- Taking the extra step to verify child care providers have suitable vacancies. This
 PATCH service takes out the hassle of you having to call around to see who has
 space. You will only receive child care referrals to those providers that have a
 ready space for your child. Conducting a follow-up with your family to ensure
 care has been found.
- Informing families about special child care subsidy programs available only to military families and whether you may be eligible.

Respite Care for Air Force & Navy Families Enrolled in the Exceptional Family Member Program (EFMP):

NACCRRA (National Association of Child Care Resource and Referral Agencies) and the Military Services are working together to provide free respite care services to families of active duty and activated Reserve Air Force and Navy families enrolled in the Exceptional Family Member Program (EFMP).

Respite Care for EFMP Air Force Navy Families provides much needed respite - literally a break - for families who have exceptional family members.

The program provides 40 hours a month of free respite care per family (EFMs and their siblings) participating in the program to provide Service Members and their spouses with some time off. The time respite care is provided can be spent in whatever way the family chooses. For Respite Care Assistance, contact our Oahu office at (808) 839-1988

Island of Oahu:

Main Office 560 North Nimitz Highway, Suite 218, Honolulu, HI 96817 (808) 839-1988 Oahu Preschool Open Doors Office 560 North Nimitz Highway, Suite 218, Honolulu, HI 96817 (808) 791-2130

Island of Hawaii:

Hilo

26 Waianuenue Avenue, Hilo, HI 96720 (808) 961-3169

Kona

79-7393 Mamalahoa Highway, Unit 4A, Kealakekua, HI 96750 (808) 322-3500

Island of Maui:

Wailuku

1063 Lower Main Street, Unit C-214, Wailuku, HI 96793 (808) 242-9232

Island of Kauai:

Lihue

4485 Pahe'e Street, Suite 124, Lihue, HI 96766 (808) 246-0622

Islands of Molokai and Lanai:

(800) 498-4145 Website: http://patchhawaii.org/

National Association of Child Care Resource and Referral Agencies (NACCRRA)

Child Care Aware® of America is our nation's leading voice for child care. We work with state and local Child Care Resource and Referral agencies (CCR&Rs) and other community partners to ensure that all families have access to quality, affordable child care. To achieve our mission, we lead projects that increase the quality and availability of child care, offer comprehensive training to child care professionals, undertake research, and advocate for child care policies that improve the lives of children and families. Since 1987, Child Care Aware® of America has been working to improve the system of early learning for children by:

- Providing training, resources and best practices standards to local and state CCR&Rs that support high-quality, accountable services.
- Promoting national policies and partnerships that facilitate universal access to high-quality child care.
- Collecting, analyzing, and reporting current child care data and research, including child care supply and demand trends.
- Offering child care and parenting information and resources to families and connecting families to local CCR&R services.

Fee assistance programs are provided for children ages birth through 12 years. All programs require Families to use a provider with a state child care license who has been inspected within the last 12 months. The Service Member's spouse must be working or enrolled in school for the OMCC, MCCYN or Fallen Warrior programs (also applies to unmarried parents living in the same household). Temporary assistance is available for spouses who are seeking employment. For the MCCYN program, providers must meet additional high quality standards.

Website: http://www.naccrra.org/

Child Development Centers

Child Development Centers (CDC) are on-post facilities that reduce stress on families and support workforce readiness by offering full-time, part-time and hourly child care service options for children 6 weeks to 5 years of age. Full-day is for working parents who require regularly scheduled care 5-12 hours per day. Part-time is typically for parents who work part-time or are full-time students who require care for their pre-school children. Hourly care is for parents requiring short term or intermittent child care for special events or appointments. All programs provide rich and stimulating age-appropriate environments that help children develop cognitive, motor, social, and emotional skills. Learning activities provide through individual, small and large group experiences that support the natural development of children. A research-based curriculum ensures children develop school readiness skills.

Army CDC Locations:

*Schofield Barracks Main Office

241 Hewitt Street, Building 1283

Phone: (808) 655-5314

*Aliamanu Military Reservation

154 Kauhini Road, Building 1782

Phone: (808) 833-5393

*FIRST TIME PARTICIPANTS AND RENEWALS MUST REGISTER AT EITHER OF THE TWO PARENT CENTRAL SERVICE OFFICES.

Fort Shafter

462 Hase Dr, Building 900, Fort Shafter, HI 96858

Phone: (808) 438-1151

Helemano Military Reservation (HMR)

327 Kuapale Rd, Building 30, Wahiawa, HI 96786

Phone: (808) 653-0724

Schofield Barracks

2423 McMahon Rd, Building 9098, Schofield Barracks, HI 96857

Phone: (808) 655-7106

Hammett L. Bowen, Jr. CDC

1875 Lyman Rd, Building 1279, Schofield Barracks, HI 96857

Phone: (808) 655-1569

Danny J. Petersen CDC

155 Tidball St, Building 791, Schofield Barracks, HI 96857

Phone: (808) 655-5293

Marine Corps CDC Locations:

Kupulau Child Development Center (KCDC)

Cushman Avenue, Bldg 611, Kaneohe, HI 96863

Phone: (808) 257-1388

Laulima Child Development Center (LCDC)

6782 McLennan Street, Bldg 6782, Kaneohe, HI 96863

Phone: (808) 257-2038

Air Force / Navy CDC Locations:

Ford Island

O'Kane Blvd, Bldg 570, Joint Base Pearl Harbor-Hickam, HI 96860

Phone: (808) 472-0259

Center Drive

Center Drive, Bldg 930, Joint Base Pearl Harbor-Hickam, HI 96860

Phone: (808) 471-1978

Hickam Main

80 Liliwai Street, Bldg 1597, Joint Base Pearl Harbor-Hickam, HI 96853

Phone: (808) 449-9880

Hickam Harbor

623 Julian Way Bldg 623, Joint Base Pearl Harbor-Hickam, HI 96860

Phone: (808) 448-0183

Hickam West

170 Kuntz Avenue Bldg 1654, Joint Base Pearl Harbor-Hickam, HI 96853

Phone: (808) 449-5230

Peltier

530 Peltier Avenue, Bldg 1923, Honolulu, HI 96818

Phone: (808) 471-9336

Naval Station

915 North Road, Bldg 1655, Joint Base Pearl Harbor-Hickam, HI 96860

Phone: (808) 473-2669

Wahiawa Annex

Bldg 477, Wahiawa, HI 96786

Phone: (808) 653-5305

Army School-Age Services (SAS)



SAS features before and after school programs and out of school care options for children in grades K-5. Through partnerships with National 4-H, CHARACTER COUNTS, and Boys and Girls Clubs of America, the program helps children learn to work with their strengths, interests, and each other, to feel good about themselves, and to grow as individuals. Programs are offered in the core areas of leisure, recreation, and the arts; sports and fitness; life skills; citizenship and leadership; and mentoring and support services. The Hawaii program is 100% accredited through the National Council on Accreditation.

Before School Program: The program operates from 5:30 a.m. until the children are dropped off at school or at the bus stop. A USDA approved breakfast is served and a variety of self-directed activity choices are offered. Standard monthly fee required.

After School Program: The program begins when the children are picked-up at the bus stop or arrive from school at the center and ends at 6:00 p.m. A USDA approved snack is served and a wide variety of directed and self-directed activity choices are offered. Activity choices include a homework center, computer lab, outdoor and indoor games and play, music and dance, arts and crafts, physical fitness and sports and various nationally recognized programs from 4-H and the Boys and Girls Clubs of America. Standard monthly fee required.

Before and After School Program: A combination of the two previously mentioned programs with a standard monthly fee.

Full-Day Program: Full-Day programs are offered from 5:30 a.m. until 6:00 p.m. during school vacations, school out days, state holidays, and teacher training days. Children in the After School or Before and After School programs are guaranteed a space in all Full-Day Program days as part of their monthly fee. Children in just Before School or not currently enrolled in SAS must register for Full-Day care on a space available basis and pay a separate daily fee. Child program options during the Full-Day Program are similar to what is offered in After School with the addition of selected field trips and special events. A USDA approved breakfast, lunch, and afternoon snack are included.

Open Recreation and hourly care: This is offered at various SAS locations on a space available basis only. Please contact your local SAS center for more information.

Summer Day Camp is a fast paced full-day care program that meets family summer break child care needs. The program runs for 9 weeks to cover the state public school break period. A variety of activities to include field trips and pool visits are included in this special weekly fee program. A USDA approved breakfast, lunch, and snack are also included.

Youth Sponsorship

Youth sponsorship helps relocate youth to become familiar with their new home in Hawaii. School-Age Services provides a sponsor or welcome packet for family members in grades K-5. Sponsors are matched to youth according to their gender, age, and interests. The sponsor takes the incoming youth around the post to see the school and youth center and introduce them to the various activities offered by Child, Youth, and School Services and the Community Recreation Division.

First time participants and renewals must register with parent central services:

Schofield Barracks

241 Hewitt Street Kalakaua Bldg 1283 (SKIES Building) (808) 655-8313 / 655-5314 / 655-8380

Aliamanu Military Reservation

Bougainvillea Loop, Bldg 1782 Honolulu, Hawaii (808) 833-5393

School-Age Care

Catlin Park:

School-Age Program facilities provide care for school-age children before and after school as well as non-federal holidays and school days off. In addition, they provide fall, winter, spring, and summer camps as well as drop-in care on a space-available basis. This facility is geared towards all school-age children and caters to their interests. There is an art room, a gym room, a discovery (science) room, a computer lab, a pre-teen room, a drama/music room, a library area, and the option to play outside on our playground, tennis courts, or basketball court.

Location: 4655 Catlin Drive, Honolulu, HI 96818 (808) 421-1556

Hickam AFB:

The Hickam School Age Program provides before and after school care for children ages 5 - 12. Schools serviced are Hickam, Mokulele, and Nimitz Elementary. This program has a separate facility for children ages 10-12, called the PreTeen Center. The Pre-Teen Center is located at Bldg 1335B which is connected to Bldg 1335. The Pre-Teen Center provides our pre-teen children with lesson plans, clubs, fieldtrips, and special visitors that

are geared toward this specific age group. The kindergartners are located in Bldg. 1330, the Annex. This facility provides an area with activities and lesson plans specifically designed for this age group. Within the program children have 10 different interest areas to choose from. Each interest area has a counselor guided weekly activity plan that the children can participate in. During school breaks full day interactive camps are held and include a variety of field trips and outings. Special guests and visitors also make appearances throughout the year. Activity areas in the SAP:

Gym
Chill Zone (Games)
Chill Zone (Library)
Arts & Crafts
Tech Lab
Performing Arts
Open Rec (Science)
Open Rec (Construction)
Outdoor (Active)
Outdoor (Quiet)

Power Hour: The Boys & Girls Club of America Power Hour Homework is a club where children are provided a homework environment with adult assistance. Children can earn "Power Bucks" for doing their homework and as they accumulate "Bucks", they can spend them in the Power Store on a variety of school supplies and learning material. The Power Hour Store is opened on Fridays.

4H Clubs: All the children enrolled in the School Age Program have the opportunity to sign up for a variety of clubs that we offer. Some of the clubs are: photography, gardening, culture, science, and cloverbuds. The clubs are an hour every Tuesday, Thursday, and / or Friday during our after school care hours.

Location: 900 Hanger Blvd., Building #1335 Hickam AFB, HI 96853 (808) 448-4396

SKIES Unlimited



The SKIES Program encompasses instructional programs and classes designed to complement and support the experiences of military children. The goal of the SKIESUnlimited Program is to ensure predictability and consistency in the availability, affordability and quality of instructional classes offered. The programs are designed for the students to expand their knowledge, be inspired, explore, and acquire skills. For more information contact the following:

School Support Services

241 Hewitt Avenue, Bldg 1283, Schofield Barracks, HI (808) 655-9818 / 8326

Special Programs

Parents Night Out / Give Parents a Break

Parents Night Out is a monthly program that is open to all military families for a fee of \$15 per child. Give Parents a Break is designed to provide child care at no cost once a month (voucher must be on file) for active duty Air Force families with deployed spouses, frequent TDYs, and respite care. To obtain a voucher, please call 449-0300. Both Parents Night Out and Give Parents a Break are held on the same Saturday of each month. Registration for Give Parents a Break begins on the first Tuesday of the month and for Parents Night Out on the second Tuesday of the month. Both registration periods last until the Tuesday before the event.

The EDGE! (Experience, Develop, Grow and Excel)

Out-of-school opportunities for 6-18 year-old children and youth to experience, develop, grow and excel by participation in "cutting-edge" art, fitness, life skills and adventure activities, known as Art EDGE!, Fit EDGE!, Life EDGE!, and Adventure EDGE! Contact (808) 655-9818 for information.

- **Art EDGE!** Promotes learning-by-doing and focuses on the development of lifetime skills while exposing participants to the arts. Art EDGE! activities increase creative development while building self-esteem. Suggested programming options might include ceramics, computer graphic design, digital film making, digital music making, digital photography, drawing, fashion design, Hip Hop, painting, scrapbooking, theatre arts, woodworking, etc.
- **Fit EDGE!** Educates and encourages children and youth to incorporate a healthier lifestyle through physical activity and nutritional awareness programs. Suggested programming options might include adventure sports, aerobics, body sculpting, bowling, customized fitness programs, golf, nutrition programs, strength training, stress management, team and pick-up sports, weight management, weight training, yoga, etc.
- **Life EDGE!** Imparts upon children and youth the skills needed for life-long growth as well as the exploration of future career fields. Suggested program options might be age-specific basic cooking, baking and culinary art activities, auto maintenance and repair skills, book clubs, computer skills, consumer skills, dog obedience, health and food safety, ecology and living green, marketing and advertising, money management, pet care, research skills, study skills, timemanagement, etc.

Torch Club

A small chartered leadership group/service clubs (ages 10-12). Members learn to elect officers and work together to plan and implement activities and volunteer their time and services in the four key areas of Service Club and Community, Education, Health and Fitness, and Social Recreation. Contact (808) 448-2296 for more information.

Middle School /Teen

A comprehensive, supervised Army program targeting youth in grades 7-12 who are generally between the ages of 12-18. The program operates supervised fun, safe, recreational, and learning opportunities that assist with the development of eligible youth outside the school hours. This program offers a wide range of positive options that promote healthy youth development and ease youth transition to adulthood. To participate in the MST Program you must register by filling out a Youth Program Registration and Sponsor Consent Form. This can be done at your local Teen / Youth Center or at the CYSS Parent Central Services Office located at Building 1283, phone 655-5314 or at AMR, Building 1782, phone 833-5393. There is no registration or monthly user fees.

Camps

Hey, Teens and Youths! Get some real world experience with Joint Base Pearl Harbor-Hickam camp programs. It's all about YOU! Adventures include sailing, sports, indoor and outdoor activities, or simply having fun in the sun on our spectacular field trips. ALL children must have a birth certificate and current physical on file to participate in all Youth Sports.

Caitlin Clubhouse 4655 Catlin Drive Honolulu, HI 96818 (808) 421-1556



Sports and Fitness

CYSS Youth Sports

The Child, Youth, & School Services Sports and Fitness Programs are for children ages 5 through 18. Child participating in the program must either be a family member of active duty military personnel, retired military personnel, or a DOD civilian in Hawaii. Programs offered are continuously changing and improving to meet the needs of today's youth. Our communities, youth, and parents have an active voice in planning developing and implementing innovative age appropriate programs. Available programs are as follows:

Sports Clinics
Team Sports
Individual Sports
Individual and Group Lessons

Contact Numbers:

Schofield Barracks / Wheeler Army Airfield Area / Helemano Military Reservation Bldg. 9090 Schofield Barracks, Hawaii (808) 655-6465

Aliamanu Military Reservation Area/ Fort Shafter Bldg. 1782 Honolulu, Hawaii (808) 836-1923

MWR Youth Sports Program

MWR Youth Programs (affiliated with the Boys & Girls Clubs of America) offer a great sports program for youth ages 3-18 years. The MWR Youth Sports program allows children to learn team values and strengthen skills in various sports. They gain confidence and memories that create a lifelong journey through sports, health, fitness and fun. Call the Youth Sports office at (808) 473-0789. The following is a list of sports being offered:

The First Tee Program (Golf)
Track and Field (February 2015 – June 2015)

Soccer (April 2015 – September 2015) Flag Football (July 2015 – December 2015) Basketball (October 2014 – March 2015)

Participation is open to all military-affiliated youth. Fees are due at the time of registration. Print, complete, and bring in the forms for a speedy registration.

Refund Policy

Full refund will be issued if request is made during the open registration period. 50% refund will be issued after the open registration period due to uniform purchases at the end of the registration period. There will be no refunds issued after the child / youth participates in the sport registered.

Requests

Youth sports will do their best to accommodate any carpool, coach, or friends playing on the same team requests. Requests must be submitted in writing to the Youth Sports office before end of the registration period. We cannot guarantee all requests will be honored.

Upon registering, please present your child's:

Birth Certificate; Proof of age
Current Physical
Current Parent Association of Youth Sports (PAYS) membership

Youth Sports Registration Packet (new participants must complete and turn in to the Youth Sports office before registration period)



Pee Wee Sports

Available for children ages 3 to 5 only. This is a wonderful program that teaches basic fundamentals of flag football, basketball, T-ball and soccer. Each season consists of an hour-long practice once a week and is a fun and interactive parent/child experience. Pee Wee Sports offered:

Flag Football (May 2015– September 2015)

Basketball (August 2015 – December 2015)

Soccer (September 2015 – October 2015)

Programs are open to family members of active duty, retirees, reservists and DoD civilians.

Youth Sports Office Bloch Arena, Bldg. 161 Phone: (808) 473-0789



Employment Assistance

Family Employment Readiness Program

The Family Employment Readiness Program (FERP) provides no cost consultations, programs, and services to help families in the job search process. Consultants are available to guide spouses and family members on career planning, job seeking and resume writing, as well as help them prepare for interviews and negotiate offers. It is a great way to learn new skills, create important networks, and gain experience while contributing to the community.

Navy:

Moanalua Navy Services Center Building Military and Family Support Center 4827 Bougainville Drive, Honolulu, HI 96818 Phone No: (808) 474-1999

NCTAMS PAC 500 Center Street, Wahiawa, HI 96786-3050 Phone No: (808) 653-0203

Army:

Schofield Barracks Kolekole Avenue, Bldg 2091, Wahiawa, HI Phone No: (808) 655-4ACS (4227)

Fort Shafter

Aloha Center Bldg 330, Room 111 at Fort Shafter, Honolulu, HI Phone No: (808) 438-4ACS (4227)

NAF Human Resources Phone No: (808) 438-2560

Civilian Personnel Advisory Center Phone No: (808) 438-8446

Family Support Program

Military and Family Support Center (MFSC)

The MFSC offers a variety of free programs to help patrons develop skills, improve relationships, and handle the military way of life. The MFSC is a joint Air Force and Navy Service Center that supports the military's operational readiness by providing a range of services and assistance to active duty service members, retirees, and family members. The primary MFSC is located near Joint Base Pearl Harbor Hickam (JBPHH), but there is also a satellite office at NCTAMS PAC in Wahiawa.

Joint Base Pearl Harbor – Hickam Military and Family Support Center 4827 Bougainville Drive Honolulu, Hawaii 96818 Phone No: (808) 474-1999

MFSC Annex, Wahiawa 500 Center Street, Bldg 392 Wahiawa, HI 96786 Phone No: (808) 474-1999

MFSC- Hickam and Loan Closet Joint Base Pearl Harbor – Hickam Military and Family Support Center 655 Vickers Avenue, Bldg 1105

JBPHH, HI 96853 Phone No: (808) 449-0300



Soldier and Family Assistance Center (SFAC)

The Soldier and Family Assistance Center (SFAC) is a one-stop resource center for warriors in transition assigned to the Warrior Transition Battalion and their family members. Services provided at the SFAC include:

Education counseling
Military personnel and benefits
Financial counseling and Army Emergency Relief (AER) assistance
Army Career and Alumni (ACAP) services
Social service assistance
Information and referral
Child and youth liaison services and outreach activities coordination

In addition, Veterans Administration and Disabled American Veteran representatives are available on site two days each week to assist warriors in transition apply for VA benefits. The SFAC is dedicated to assist warriors in transition to successfully transition either back to their Unit or to their civilian community as an honored veteran.

Location: 3585 McCornack Road, Building 692 Schofield Barracks, HI 96789

Phone No: (808) 655-7171

Hawaii National Guard Family Program

The Hawaii National Guard family program's mission is to empower service members, retirees, veterans, and their families to support their resiliency and growth by providing education, resources, and assistance for the unique environment of today's military way of life.

Location: 3949 Diamond Head Road Honolulu, HI 96816 1-877-212-2696

New Parent Support Home Visitation Program (NPSHVP)

The Navy New Parent Support Home Visitation Program is an early-intervention service to families designed to foster healthy child development specifically for families that are expecting or have children up to 3 years of age. The Navy NPSHVP is based on the Nurturing Parenting Program. This program is family-centered and is responsive to the unique strengths and needs of each military family. Families that are experiencing challenges with the fast paced military lifestyle can benefit from the NPSHVP Nurturing Parenting Program. Parents learn from evidence based, tested and proven program that assists you with a variety of topics and issues, including:

Bonding with your new baby or toddler
Understanding the developmental stages that your child is going through
Alternative ways to discipline your children
The importance of Nurturing Touch
Learning about family roles
Learning about how children master new skills
Learning what you should expect from your little one

NO CHARGE FOR CLASSES. Open to active duty, reserve, retired personnel, family members, and DOD employees, except as noted in the program description. Schedules are subject to change. Eligibility for this program is determined by the service member or family member being eligible to receive treatment in a military medical treatment facility. First priority is given to families with a deployed active duty member. Every service member / family member who is expecting a child or si the parent of children zero to three can be screened and assessed for NPSHVP services.

Air Force / Navy:

Moanalua Navy Services Center Building Military and Family Support Center 4827 Bougainville Drive Honolulu, HI 96818 Phone No: (808) 474-1999

Army:

Schofield Barracks Kolekole Avenue, Bldg 2091 Schofield Barracks, HI 96789

Phone No: (808) 655-4ACS (4227)

Fort Shafter Aloha Center 217 Montgomery Drive, Bldg 330, Room 111 Fort Shafter, HI 96858 Phone No: (808) 438-4ACS (4227)

Marine Corps:

D Street, Bldg 216, Room 71 Kaneohe, HI 96863 Phone No: (808) 257-8803

Family Life Education Services

These services provide education, awareness and prevention programs to promote understanding of risk factors and dynamics of child abuse and domestic abuse to commands, individuals, couples, families and community groups. A variety of parenting classes such as Boot Camp for New Dads, Discipline and Your Children, and New Moms and Dads are offered.

Location:

Moanalua Navy Services Center Building Military and Family Support Center 4827 Bougainville Drive, Honolulu, HI 96818 Phone No: (808) 474-1999

Military and Family Life Consultant (MFLC)

The goal of a Military Family Life Consultant (MFLC) is to prevent Family distress by providing education and information on Family dynamics, parenting strategies, available support services, the effects of stress, and positive coping mechanisms. MFLCs provide anonymous and confidential assistance to Soldiers and their Families in problem solving issues resulting from deployment, reunions, reintegration, and/or other times of change. Consultants are licensed clinicians with a Masters Degree and at least five years of experience in social work, counseling, or a related clinical discipline. Consultants are

trained on military specific topics regarding the deployment cycle and military culture. MFLCs also provide financial counseling which includes how to manage expenses, save appropriately, and how to budget wisely. The program has more than 250 consultants assisting the needs of active duty, National Guard and Reserve Component members and their Families with everyday issues.

Air Force / Navy MFLC (808) 221-1341 / 221-0238

Army MFLC (808) 222-7088

Marine Corps MFLC (808) 257-7787 / 257-7786

Family Life Chaplain

Provides pastoral counseling to families with an emphasis on marriage and family issues. They also help develop and strengthen your most important relationships in life.

Main Post Chapel (808) 655-9355

Aliamanu Military Reservation (AMR) (808) 836-6831

Schofield Barracks (808) 656-4481

Wheeler Army Airfield (WAAF) (808) 655-9307



Financial Management

Financial Readiness

Your Financial Readiness Team offers a wide range of services to assist Soldiers and their Families with financial affairs. Emphasis is placed upon the training portion of the program designed to educate Soldiers and spouses in money management, proper use of credit, financial planning, deployment, transition and relocation, credit improvement, investment information, and check writing principles. Our goal is to help Families prevent financial difficulties before they arise and prepare them for their financial future.

Army:

Schofield Barracks

Kolekole Avenue, Bldg 2091

Phone No: (808) 655-4ACS (4227)

Fort Shafter Aloha Center

217 Montgomery Drive, Bldg 330, Room 111

Phone No: 438-4ACS (4227)

Air Force / Navy:

Joint Base Pearl Harbor - Hickam Military and Family Support Center 4827 Bougainville Drive Honolulu, HI 96818

Phone No: (808) 474-1999

Marine Corps:

Marine Corps Base Hawaii Bldg 220, Rm 103 / 204 Kaneohe, HI 96863

Phone No: (808) 257-7783

Accredited Financial Counselors

Accredited Financial Counselors (AFC) are available to teach financial classes and help Soldiers and their spouses in all areas of financial readiness to include:

Establish budgets
Work with creditors
File consumer complaints
Gather information on local consumer laws
Empower Soldiers and Family members to make sound financial decisions



Army Emergency Relief (AER)



AER can help active duty Soldiers and their dependents, ARNG, and USAR Soldiers on active duty for more than 30 days and their dependents, retirees and their dependents, and surviving spouses and orphans of Soldiers who died while on active duty or after they retired. This assistance is usually in the form of interest-free loans. Grants are considered based on individual extenuating circumstance.

AER Command Referral Program

The Commander Referral Program was implemented on 15 Nov 05 for Hawaii units. Under this program, Commanders and 1SGs can approve up to \$1,500 for Basic Living Expenses. Desk side briefings for Commanders and 1SGs are available as needed.

New Army Emergency Relief Commander Referral Procedures: Effective 1 Oct, all Commander Referral AER requests will be turned into ACS Schofield Barracks, Financial Readiness, Bldg 2091 between 0730-1300 each day, M-F.

All requests will be processed for pickup between the hours of 1400-1530 the same duty day. Any requests turned in after 1300 hours will be processed the following duty day for pickup between the hours of 1400-1530 hours.

DA FORM 1103 Application for Army Emergency Relief (AER) Financial Assistance has been replaced by AER Form 700 - Application for Army Emergency Relief (AER) Financial Assistance and AER Form 600 - Commander's Referral Program - Application for Army Emergency Relief (AER) Financial Assistance.

For more information, contact 655-4227.

First Termer Financial Workshop

This workshop is a DA mandated training for all Soldiers (E1-E4) on their first PCS move within 3 months of arriving to Hawaii. This training provides junior Soldiers with valuable financial tools. Topics include: budgeting, savings, car buying, building credit, avoiding scams and investing. Classes are offered every Monday except Federal Holidays from 0830-1630 at the ACS Building (Bldg 2091). Soldiers need to bring their latest end of month LES with them to the class.



Legal Assistance

Legal assistance is a service provided by the military to help service members, their families, retirees, and, in some cases, DoD civilians and contractors with various legal matters. Although the Legal Assistance Program focuses on helping service members get their legal affairs in order before they deploy or mobilize, the Program's attorneys also provide advice and services in other areas, such as domestic legal issues and civil suits. Legal Assistance Attorneys are not allowed to provide assistance on all legal matters and, in most circumstances, cannot represent clients in civilian courts of law.

Marine Corps Base Hawaii:

4th Street, Bldg 215, Kaneohe, HI 96863

Phone No: (808) 257-6738

Naval Base:

850 Willamette St., Bldg. 1746, 1st floor Pearl Harbor, HI 96860 Phone No: (808) 473-4717

Coast Guard:

300 Ala Moana Boulevard, Honolulu, HI 96850 Phone No: (808) 535-3241

Schofield Barracks:

Bldg 2037, Schofield Barracks, HI 96857 Phone No: (808) 655-8607

Hickam AFB:

120 Sixth Street, Bldg 502, Hickam AFB, HI 96853

Phone No: (808) 449-1737



Mental Health Program

Military Pathways

To help those who may be struggling, the Department of Defense teamed up with the nonprofit organization, Screening for Mental Health®, to launch Military Pathways (formerly the Mental Health Self-Assessment Program®). The program is available online, over the phone, and at special events held at installations worldwide. It provides free, anonymous mental health and alcohol self-assessments for family members and service personnel in all branches including the National Guard and Reserve. The self-assessments are a series of questions that, when linked together, help create a picture of how an individual is feeling and whether they could benefit from talking to a health professional. The primary goals of the program are to reduce stigma, raise awareness about mental health, and connect those in need to available resources. The self-assessments address depression, posttraumatic stress disorder (PTSD), generalized anxiety disorder, alcohol use and bipolar disorder. After an individual completes a self-assessment, s/he is provided with referral information including services provided through the Department of Defense and Veterans Affairs. To take a free, anonymous self-assessment, visit www.MilitaryMentalHealth.org.

National Guard Psychological Health Program

A significant duty for the Directors of Psychological Health (DPH) is to make referrals to other professionals. When the referral to another mental health professional is involved, the DPH recognizes the importance of their referral because it holds the weight of being a personal recommendation. Therefore, the DPHs take their role very seriously and take time to ensure that they are making an educated decision on how to best meet the needs of the service member and family members through another provider. The National Guard Psychological Health Program provides service members and their families with resources to master psychological health challenges and to maintain operational readiness. Their goals are to provide high-quality mental health services for individual needs, maintain confidentiality while coordinating professional services, and provide education resources to maintain and improve personal resiliency. National Guard members and families should never weather emotional and behavioral challenges alone. For more information on their services, please visit www.ngphp.com.

Tripler Army Medical Center - Department of Psychology

The mission of the Department of Psychology is to accomplish the following: (a) ensure the provision of comprehensive mental/behavior health services to all eligible beneficiaries in the Pacific Regional Medical Command catchment area, and to provide consultation to all military medical treatment facilities within the Pacific Rim; (b) maintain an APA accredited training programs in graduate/post-graduate psychology (residency and fellowship) education and training experiences and; (c) conduct research in the field of clinical psychology. The following services are offered:

Adult Psychology Service
Child and Family Psychology Service
Neuropsychology Service
Behavioral Medicine Service
Psychology Research Program
Psychology Training

To make an appointment you may contact the Psychology Clinic at (808) 433-6060. The Tripler Army Medical Center central appointment line is (808) 433-2778. For information regarding the Tripler Army Medical Center or if you feel a number may have been given in error, you may contact the Information Desk at (808) 433-6661 / 6662.

National Veterans Foundation

The National Veterans Foundation's mission is to serve the crisis management, information and referral needs of all U.S. Veterans and their families through management and operation of the nation's only toll-free helpline for all veterans and their families.

The DVA can provide health care, education, insurance, help with buying a home, income for disabled veterans, pension for low income wartime veterans, burial in a national cemetery, and sometimes all of the above for family members of service members and veterans. In addition, some states provide additional benefits, such as property tax reductions, educational benefits, and reduced fees for various licenses. To contact the NVF, please call 1-888-777-4443.

Scholarships

The American Legion Legacy

The American Legion wants to ensure higher education is a possibility for children whose parents have been killed while serving our country. The government gives these children a college education stipend worth slightly more than \$37,000 which takes into account living expenses, textbooks, and rising tuitions. The amount of aid and number of awards depend upon the income derived from the trust.

Eligibility:

Child / children or legally adopted child / children or a child of a spouse by a prior marriage or dependent child as defined by the United States Armed Services of active duty United States military and National Guard and military reservists who were federalized and died on active duty on or after September 11, 2001. Applicant must be a high school senior or high school graduate. Scholarship is for undergraduate study at an accredited institution of higher education within the United States.

Website: www.legion.org/scholarships/legacy

Children of Warriors National Presidents' Scholarship



It is important to acknowledge the sacrifices of our service members who preserve our freedom, but that is not enough. The sacrifices of the children of those who served should also be honored. Providing funds to assist these children so they can pursue higher education is a concrete way of showing how much we, as a nation, care. The American Legion Auxiliary sponsors the Children of Warriors National Presidents' Scholarship to support the children of our warriors. These scholarships are awarded to 15 students annually who excel in academics and volunteer in their communities. Scholarships are awarded once a year per auxiliary geographic division in the amounts of \$3,500; \$3,000; and \$2,500. Applicant must complete 50 hours of community service during his / her high school years.

Eligibility:

Candidates for this award shall be daughters, sons, grandsons, granddaughters, great-granddaughters, and great-grandsons of veterans who served in the Armed Forces during eligibility dates for membership in The American Legion listed below:

WWI April 6, 1917 – November 11, 1918 WWII December 7, 1941 – December 31, 1946

 Korean War
 June 25, 1950 – January 31, 1955

 Vietnam War
 February 28, 1961 – May 7, 1975

 Lebanon and Grenada
 August 24, 1982 – July 31, 1984

Panama December 20, 1989 – January 31, 1990

Desert Shield / Storm /

Gulf War / War on Terrorism August 2, 1990 – date of cessation

Website:

http://www.alaforveterans.org/what_we_do/scholarships/Pages/NatPresScholECW.aspx

General Henry H. Arnold Education Grant Program

This grant program is competitive in its need-based selection criteria, uniquely tailored to recognize the proper weighing of family income and education cost factors. These \$2,000 grants are awarded to selected sons and daughters of Active Duty, Title 10 AGR/Reserve, Title 32 AGR performing full-time active duty, retired, retired reserve and deceased Air Force members; spouses of active duty members and Title 10 AGR/Reservists; and surviving spouses of deceased personnel for their full-time undergraduate studies. To ensure unbiased selection, AFAS contracted with ACT's Scholarship and Recognition Services to provide administrative support services for this program. However, the Scholarship and Recognition Services division of ACT was recently acquired by Scholarship America, an independent, not-for-profit organization whose primary focus is providing access to higher education through scholarships and tuition assistance. As a result, the program will now be administered by Scholarship Management Services (SMS), a division of Scholarship America. Over the past 36 years, SMS has become the nation's leading administrator of education assistance programs. The Society has every confidence that SMS will administer our grant program in an efficient and credible manner, and will provide the expected level of customer service.

Eligibility: Applicants must be in one of the following categories (items 1-3) and meet all other eligibility criteria listed below (items 4-6):

- 1. Dependent sons and daughters of Air Force members in one of the following categories:
 - Active Duty, Title 10 AGR/Reserve on extended active duty, and Title 32 AGR performing full-time active duty. All members must be on active duty through December 1, 2014 (all other Guard and Reserve are not eligible).
 - Retired due to length of active duty service or disability, or retired AGR/Reserve with 20+ satisfactory service years creditable for retired pay (all others are not eligible).
 - Deceased while on active duty or in retired status.

For financial aid purposes, a "dependent" student is one who will not reach age 24 during the award year; will not be a graduate or professional student; will not be a veteran; will not be an orphan or ward of the court; will not be married or have legal dependents other than a spouse.

- 2. Spouses of Active Duty members and Title 10 AGR/Reservists on extended active duty. Member's active duty status must extend through December 1, 2014. Eligible spouses must be legally married to member (not separated or pending divorce) at time of application and disbursement of award.
- 3. Surviving spouses of Air Force members who died while on active duty or in retired status.
- 4. Will be a high school graduate enrolled or accepted as a full-time undergraduate student in the 2014-2015 academic year. NOTE: Students enrolled exclusively in distance education courses should check with their school official to verify their enrollment as meeting school's full-time status requirements.
- 5. Will be enrolled or accepted in an accredited college, university or vocational/trade school approved by the U.S. Department of Education for participation in federal aid programs.
- 6. Maintain at least a cumulative 2.0 grade point average on a 4.0 grading scale. NOTE: Eligibility in future years requires previous grant recipients to demonstrate satisfactory progress by promotion in school grade level. Awards are not automatically renewed; students must reapply and re-compete each year.

Website: www.afas.org/education-grant-program

Mike and Gail Donley Spouse Scholarship

The Air Force Spouse Scholarship program is designed to encourage Air Force spouses worldwide to pursue associate, bachelor or graduate/postgraduate degrees.

Eligibility:

The applicant must be a spouse of Air Force active duty, Air National Guard, Air Force Reserve, or Department of the Air Force civilian spouse to be eligible. Spouses who are themselves Air Force personnel, or in ROTC, are not eligible.

- 1. Include an official, original transcript verifying your minimum 3.5 cumulative GPA or higher. The transcript must have your name on it and show that you are enrolled for the minimum number of hours (6 credit hours for undergraduate study and 3 credit hours for graduate study). You must be in a degree program. If you are not currently enrolled, then, in addition to an official, original transcript, include a letter from your college or university that confirms your intent to carry the required hours in the Fall.
- 2. If you have no prior college or university course work, include proof of acceptance to an accredited college or university. This must be an original letter on college or university stationery from the admissions office or the registrar.
- 3. In a two page double-spaced essay, describe your academic and career goals and the motivation which led you to this decision. Describe how Air Force involvement or local community activities in which you are involved will enhance your goals.
- 4. Two signed letters of recommendation should be character references and descriptions of your performance and potential as a student, employee or volunteer. The two letters must be from different sources. The letters can be from professors, employers or volunteer organizations. You may also request a letter from your local AFA Chapter.
- 5. A photo of the applicant (preferably a head shot). Your photo and your words may be used in our publications.

Scholarship Allocation:

A feedback form will be sent to recipients with their scholarship check and is required to be returned not more than six months after the award is made. Scholarships are awarded in July and are not renewable. Prior recipients cannot be considered again. A check in the amount of \$2,500 will be sent to the recipient in September.

Scholarships may be used to pay for any reasonable cost related to pursuing a degree. This would include tuition, books, transportation, or childcare costs.

Website: www.afa.org/SpouseScholarship

MyCAA Scholarship Program

The My Career Advancement Account (MyCAA) Scholarship Program is a workforce development program that provides up to \$4,000 of financial assistance to eligible military spouses who are pursuing a license, certification or Associate's degree in a portable career field and occupation. Annual cap waivers are available for licensure and certificate programs if there is an upfront tuition cost that exceeds \$2,000 (up to the maximum education benefit of \$4,000).

Eligibility:

Spouses of service members on active duty in pay grades E-1 to E-5, W-1 to W-2 and O-1 to O-2 who can start and complete their coursework while their military sponsor is on Title 10 military orders, including spouses married to members of the National Guard and reserve component in these same pay grades.

Website: https://aiportal.acc.af.mil/mycaa/default.aspx#

Tillman Military Scholarship

In 2002, Pat Tillman left a successful football career with the Arizona Cardinals to join the U.S. Army. Tillman served in several tours of duty, including time in Iraq and a stay in Afghanistan. Sadly, his military career came to an end in 2004 when he was killed. Tillman military scholars are selected on the following basis:

Educational and career ambitions
Record of military service (or service as a spouse); motivation for serving
Record of personal achievement
Demonstration of service to others in the community
Desire to continue to serve others and make a positive impact on your community
Leadership potential
Compelling, thoughtful, genuine and thorough essay question responses

Eligibility:

Veteran and active duty military service members

- a. Of both pre- and post-9/11 service
- b. From all branches of the U.S. military including National Guard and Reserve
- 1. Current spouses of veterans or active duty service members (including surviving spouses)
- 2. Service members or spouses pursuing an undergraduate, graduate or post-graduate degree as a full-time student at a public or private, U.S.-based accredited institution.

Required Documents:

In order to best prepare for completing the application, please have the following information available to during this process: military service history, educational history, enrollment plans, and expected academic/living expenses and income for the upcoming academic year. The application will require responses to two essays exploring the following areas: military and public service motivation and experiences; and educational, career, and service ambitions. All Tillman military scholar applicants must complete the Free Application for Federal Student Aid (FAFSA) in order to be considered for funding. The following documents will need to be uploaded in a digital file format:

- Documentation of military service and / or community impact as military spouse.
 All discharged service members must provide their most recent DD 214. Active reservists or National Guard applicants may provide alternate military service verification forms.
- Resume including education, work, public service history, recognitions and awards earned.

Renewability:

Annual funding renewability will be considered for most Scholars based on meeting expected graduation date, proof of full-time student status, minimum 3.0 GPA earned, Tillman community engagement as a thought leader, documented participation in service, accountability for use of scholarship funds, and completion of Foundation surveys. All criteria must be met in order to be renewed. Review of renewal status is conducted each June by the Pat Tillman Foundation. Tillman Military Scholars are expected to maintain a full-time enrollment in a U.S accredited institution unless they are assuming part-time status during the semester they will graduate. Scholarship funding can only be used toward a single post-secondary degree.

Website: pattillmanfoundation.org

Marine Corps Scholarship Foundation

The Marine Corps Scholarship Foundation is the Nation's oldest and largest provider of need-based scholarships to military children. Particular attention is given to those whose parent has been killed or wounded in combat, or who have demonstrated financial need.

Website: www.mcsf.org

Eligibility:

Applicants must be the son or daughter of one of the following:

- Active Duty or Reserve U.S. Marine
- Veteran U.S. Marine who has received an honorable discharge or was killed while serving in the U.S. Marine Corps
- Active duty or Reserve U.S. Navy Corpsman who is serving, or has served with a U.S. Marine unit
- Veteran U.S. Navy Corpsman who has served with a U.S. Marine unit and has received an honorable discharge or was killed in the U.S. Navy
- Planning to attend an accredited undergraduate college or vocational/technical institution in the upcoming academic year and pursuing a first bachelor's degree or technical certificate. Students attending Federal Service Academies or pursuing graduate degrees are not eligible.
- Family adjusted gross income for the 2012 tax year that does not exceed \$91,000. Non-taxable allowances are not included in determining adjusted gross income.
- A GPA of at least 2.0.

Limited Grandchildren Eligibility:

The Marine Corps Scholarship Foundation administers scholarship programs of several Marine Corps associations that offer scholarships to the grandchildren of their members. These programs receive limited funding and all that apply may not receive a scholarship award. To qualify a student must provide proof of their grandparent's membership in one of the following associations:

4th Marine Division Association of World War II
5th Marine Division Association of World War II
6th Marine Division Association during World War II
531 Gray Ghost Squadron Association
Basic Class 3-56
Marines' Memorial Association
USMC/Combat Helicopter Association

Heroes Tribute Scholarship Program for Children of the Fallen

The scholarship foundation guarantees scholarships up to \$30,000 over four years to eligible children of the following:

- Children of Marines and veteran Marines who were killed in the terrorist attacks on September 11, 2001
- Children of Marines and children of Navy Corpsmen attached to a Marine unit, who were killed in combat operations after September 11, 2001
- Children of Navy Religious Program Specialists attached to a Marine unit who were killed in combat on or after September 27, 2008
- Children of Marines who were killed in training after September 27, 2008

Scholarships for Military Children

The Scholarships for Military Children Program was created in recognition of the contributions of military families to the readiness of the fighting force and to celebrate the role of the commissary in the military family community. It is the intent of the program that a scholarship funded through contributions be awarded annually for each commissary operated by the Defense Commissary Agency worldwide. The Scholarships for Military Children Program is primarily funded through the generosity of manufactures and suppliers whose products are sold at military commissaries, worldwide. We encourage military families to take advantage of the commissary benefits that not only provide a savings of more than 30 percent on the products purchased, but also support the military community through programs such as this scholarship. The purchase of these products from these companies help fund the Scholarships for Military Children program.

Eligibility:

Only dependent unmarried children under age of 23 of active duty personnel, reserve/guard and retired military members, or survivors of service who died while on active duty or survivors of individuals who dies while receiving retired pay from the military may apply for a scholarship. Dependent children of NOAA, Public Health Service, other federal or military related agencies or activities, or DoD civilian employees are not eligible unless they meet the above requirement. Applicants should ensure they, as well as their sponsor, are currently enrolled in the Defense Enrollment Eligibility

Reporting System (DEERS) database and that they have a current dependent military ID card. The DEERS database will be the primary method of verifying eligibility.

Applicants must be enrolled, or planning to enroll, in a full-time undergraduate degree program at an accredited U.S college or university in the fall term of the academic year. Applicants who have earned an undergraduate degree or who are enrolled in a graduate degree program are not eligible. High school participants must have a minimum unweighted GPA of 3.0 to be eligible to apply. Students attending a community or junior college must be enrolled in a program of studies designed to allow the student to transfer directly into a four-year program.

Applicants or their sponsors need not live at an installation that has a commissary. Applicants may submit the application where their sponsors normally shop or closest to where their sponsors live. It is the sole responsibility of the applicant to ensure the commissary receives the application.

Required Documents:

Each application will include the following which must be submitted as one package:

- 1. The completed two-page application
- 2. High school applicants: transcript indicating a cumulative unweighted GPA of 3.0 or above on a 4.0 scale
- 3. College applicants: transcript indicating a cumulative unweighted GPA of 2.5 or above on a 4.0 scale
- 4. Short TYPED essay.
- 5. Website: www.militaryscholar.org

AFCEA Scholarships

Located around the world, many of AFCEA's 120 chapters also provide scholarships, grants and tuition assistance for aspiring engineers, technicians, programmers, military personnel and government officials. Financial assistance is made available for students living or attending school within each chapter's local community. There are six general categories of scholarship assistance available for undergraduate and graduate students currently enrolled full time at four-year colleges or universities in the U.S. Please read the information listed below to determine eligibility based on individual qualifications and program. Please apply for one scholarship only. Applicants must be college sophomores or juniors at the time of application -- minimum second-year college students ONLY please. Graduate students must be currently enrolled in at least two semester-equivalent classes at an accredited U.S. college or university. A minimum overall GPA of 3.0 (or equivalent) is required.

Note: high school students are not eligible to apply.

The Hawaii Chapter awards a minimum of 30 scholarships to students from Hawaii in high school and college categories, ranging from \$2,000 to \$5,000. In 2013, the chapter's Education Foundation awarded 36 scholarships totaling \$84,000. The foundation presented six special recognition awards for outstanding achievement in community services, academics, leadership and technical competence.

The Lt. Gen. Thomas Rienzi, USA (Ret.), \$5,000 scholarship is given to a student planning to attend, or currently enrolled in, a Hawaii university who demonstrates consistent academic excellence, leadership and community involvement. The Donna Russell Scholarship for Distinguished Service was added this year, awarding a \$5,000 scholarship to a student currently enrolled at a college or university in the state of Hawaii pursuing a teaching degree and intending to or currently teaching STEM-focused curriculum. This individual must exemplify an outstanding commitment to education and STEM communities.

The foundation is also a major contributor to and supporter of the Hawaii Science and Engineering Fair, Hawaii State Science Olympiad, multiple robotics programs and the Cyber Patriot Cyber Defense competition. The Science and Technology Tools grant program supports these various STEM and robotics programs throughout the islands. Website: afceahieducationfoundation.org/

ThanksUSA Scholarship

Since 2006, ThanksUSA has awarded more than 3,000 scholarships with a total value of nearly \$10 million. ThanksUSA "thanks" the men and women of the United States armed forces by awarding need-based college, technical and vocational school scholarships for their children and spouses. Applications are accepted each year from April 1st to May 15th. Awards are not renewable. Students may reapply in subsequent years if ThanksUSA is offering the same scholarship program.

Eligibility:

Dependent children, age 24 and under, of U.S. military service personnel, or be spouses of U.S. military service personnel and be current high school seniors or graduates who plan to enroll or students who are already enrolled in a fulltime undergraduate course of study at an accredited two-or four-year college or university or vocational-technical school for the 2013-14 academic year and have at least a 2.00 cumulative grade point average (GPA) on a 4.00 scale or its equivalent on their relevant academic record (e.g., high school record for incoming freshmen or postsecondary school record for those already enrolled in a college, university or vocational/technical school).

Spouses enrolled part-time in an undergraduate course of study at an accredited institution are also eligible. Spouses may also use the award for non-degree licensure / certification programs regardless of whether an undergraduate degree has already been completed. If selected as a recipient, the student will receive an award of \$3,000 for educational expenses.

Awards granted to dependent children are for first-time undergraduate study at an accredited two- or four-year college, university, or vocational-technical school and are NOT for non-degree licensure/certificate programs or graduate study. Spouses may use the award for a first-time undergraduate degree at an accredited two- or four-year college, university, or vocational-technical school.

Both dependent children and spouses who have completed a vocational program or associate's degree may use the award for study toward a first time bachelor's degree. Master's programs or graduate-level study are not eligible.

Kaplan University offers one full undergraduate scholarship through ThanksUSA for an eligible military spouse.

Required Documents:

- U.S. Military Service Personnel's social security number and base or unit location information
- Student and U.S. Military Service Personnel email addresses
- List of student's involvement in school activities, church activities, and community activities
- Student's transcript of grades unofficial copies are accepted
- Short statement of student's educational and career objectives
- Financial information from the family's most recently submitted tax return

During the application process, you will be able to leave the site by clicking on the Log Out button located on any application page. To log in, you must enter your username and password. Standard capitalization (Jill Smith, not jill smith or JILL SMITH) must be used when entering data. Once the application is submitted, no further revisions can be made. Carefully review your application before submission.

* Be sure your application is complete before hitting the Lock and Submit button.

Website: http://www.thanksusa.org/scholarship-program.html

Folds of Honor Foundation Scholarship

The Folds of Honor Foundation was founded in 2007 by Major Dan Rooney, a former F-16 pilot, golf course owner, PGA Professional and USGA member. A Major in the Air National Guard and a decorated military aviator, Rooney has served three combat tours in Iraq. After returning from his second tour, Major Rooney witnessed a profound situation that drove him to create the Folds of Honor Foundation.

The Folds of Honor Foundation is rallying a nation to ensure no family is left behind in the fight to preserve American freedom. Through scholarships and other assistance, we give back to the spouses and children of soldiers killed or disabled in service to our country. We provide healing, hope and an opportunity for dreams to be realized...with the support of people like you. We feel this is our duty as citizens of the greatest country in the world.

Eligibility: Eligible applicants must be the spouse or dependent of: Any service member who has been killed or disabled with a service-connected disability from the VA (the disability rating must be at least 10%).

A veteran who died from any cause while such service-connected disability was in existence.

Any service member who is currently classified as a POW or MIA.

A service member missing in action or captured in line of duty by a hostile force. A service member forcibly detained or interned in line of duty by a foreign government or power.

A service member who has received a Purple Heart Medal (may be active duty).

Required Documents: Proof of service (at least one of these):

Casualty Report (DD1300) Certificate of Release (DD214)

Proof of disability due to military service (at least one of these):

Certificate of Retirement VA Disability Rating M.E.B or P.E.B. Purple Heart Certificate

Proof of dependency (at least one of these)

DEERS Report
Dependent Military ID
Casualty Report (DD1300) with dependent's name listed
Birth Certificate

Verification of school enrollment (at least one of these):

Letter of acceptance Spring 2014 class schedule Current class schedule

Digital photo of applicant (optional)

Digital photo of applicant with family (optional)

Note: Please print and attach the signed Confirmation Page with the required documents.

Website: https://scholarships.foldsofhonor.org/

Army Women's Foundation Legacy Scholarship

The U.S. Army Women's Foundation is a 501(c)(3) organization headquartered in Fort Lee, Virginia. The mission of the Foundation is to recognize and honor the service of women in the Army and to support the Army Women's Museum at Fort Lee.

The Foundation Legacy Scholarship program recognizes the importance of education and helping recipients to achieve their educational goals. The Legacy Scholarship program offers financial support to Army women and their lineal descendants in four areas: Certificate programs, Community College coursework, Undergraduate Degrees, and Graduate Degrees. Scholarships are awarded only to coursework from accredited institutions. Scholarships are based on merit, academic potential, community service, letters of recommendation, and need.

The Legacy Scholarships are available for tuition assistance for certification, coursework at community college level or four year academic institutions and graduate schools. Community College and Certificate Program Legacy Scholarships will be awarded up to \$1,000. College, University, and Graduate Program Legacy Scholarships will be awarded up to \$2,500.

Eligibility:

- Applicant must be a woman who has served or is serving honorably in the U.S. Army, U.S. Army Reserve, Army National Guard or the child of a woman who served honorably in the U.S. Army, U.S. Army Reserve or Army National Guard.
- Community College Legacy Scholarships: Applicant must be a high school graduate with a 2.5 Grade Point Average (GPA) or GED and must be currently enrolled in an accredited community college.
- Certificate Program Legacy Scholarships: Applicant must be a high school graduate with a 2.5 Grade Point Average (GPA) or GED and must be currently enrolled in accredited Technical Certificate granting institution.
- College and University Legacy Scholarships: Applicant must be currently enrolled at an accredited college or university and have completed 30 credit hours of course work and with a minimum cumulative GPA of 3.0 or better.
- Graduate Program Legacy Scholarships: Applicant must have achieved an undergraduate degree with a cumulative GPA of 3.0 and must be enrolled in or accepted into a Graduate level program.

Selection of the Legacy Scholarship recipient(s) will be made by a Scholarship Committee appointed by the Board of Directors of the U.S. Army Women's Foundation. Each level of scholarship award will be evaluated and considered separately by the USAWF Scholarship Committee who will also determine the number of scholarships awarded for each level and the amounts of each scholarship. Army women will be considered in one category and the children of Army women will be considered in a separate category. In this way, peers will compete with peers.

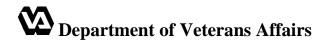
The scholarship funds may be used to assist with tuition, fees, books and school documented room and board. Scholarships are awarded only to accredited institutions. The funds will be sent to the academic institution for documented expenses and must be used in the academic year awarded. These funds may not be used for prior academic expenses.

Required Documents:

- Application materials including online application form, essay, transcript, recommendations, proof of matriculation at designated accredited academic institution, as well as commander's verification of active duty or documentation (DD-214) of the sponsor or woman's service must be postmarked by January 15, 2015.
- The application requires a short essay (2 pages or less, typed, double-spaced) highlighting why the recipient should be considered for this scholarship and address future plans as related to the program of study. This essay should also include pertinent information in assessing other areas to include community service, activities and work experience. Specifically, how the Army has impacted your life and / or goals.
- An official transcript from their college or university is required. For new applicants to a community college, high school transcripts or GED documentation must accompany the application.
- Two letters of recommendation with titles and contact information are also required. One letter of recommendation should be from a school advisor, counselor, dean of students, etc. Letters of recommendation should demonstrate why a Legacy Scholarship should be awarded.
- Applications and all materials must be labeled with the applicant's last name and postmarked by the deadline for consideration and selection.

Website: www.awfdn.org/programs/legacyscholarships.shtml

The Dependents' Educational Assistance (DEA) Program



Survivors and Dependent Assistance – Chapter 35

The DEA Program offers education and training opportunities to eligible dependents of veterans who are permanently and totally disabled due to a service related condition or of veterans who died while on active duty or as a result of a service related condition. Benefits may be used for degree and certificate programs, apprenticeship, and on-the-jobtraining. Spouses may take correspondence courses. Remedial, deficiency, and refresher courses may be approved under certain circumstances. Education benefits up to 45 months may be received from this program.

Note: Each individual State approves schools and courses. To find out if your school or program is approved for VA educational benefits, contact your school's VA Certifying Official, or call VA at the toll-free number below. Eligibility:

To be eligible for the DEA program you must be the son, daughter, or spouse of:

- A veteran who died, or is permanently and totally disabled, as the result of a service-connected disability. The disability must arise out of active service in the Armed Forces.
- A veteran who died from any cause while such permanent service-connected disability was in existence.
- A service member missing in action or captured in the line of duty by a hostile force.
- A service member forcibly detained or interned in the line of duty by a foreign government or power.
- A service member who is hospitalized or receiving outpatient treatment for a service-connected permanent and total disability and is likely to be discharged for that disability.

Required Documents:

- VA form 22-5490, Dependents' Application for VA education benefits. Send it to the VA regional office with jurisdiction over the State where you will advance your education and training. If you are a son or daughter, under legal age, a parent or guardian must sign the application.
- If you have started training, take your application to your school or employer. Ask them to complete VA Form 22-1999, Enrollment Certification, and send both forms to VA.

Website: www.benefits.va.gov/gibill/survivor_dependent_assistance.asp



Survivor Services

Survivor Outreach Services



An Army program developed to better serve the Surviving Families of the Fallen by keeping them connected to the Army for as long as they desire. SOS provides the long-term support, resources and emotional connections. SOS is available to all Survivors, Survivors being the spouses, children, parents, siblings, and friends grieving the loss of a Soldier regardless of how they died. SOS coordinates with Military, Non-Governmental Organizations and the local community to create a support network. All Army Duty, Army National Guard and Army Reserve component Survivors are eligible under the SOS Program.

In order to provide continued support and better understand the concerns and experiences of our Surviving Families of the Fallen, we reach out to Families through support care meetings, phone calls, and letters to capture those concerns and experiences to assist our service delivery.

Location:

Aloha Center ACS and Survivor Center
Clark Road, Bldg 330
Fort Shafter, HI 96858
Contact Information:
Lis Olsen, the SOS Support Coordinator
(808) 438-1955
SOS Financial Counselor
(808) 438-1951
SOS Program Manager
(808) 438-1956
ACS Front Desk
(808) 438-4227

Website: www.himwr.com/survivor-outreach-services

Tragedy Assistance Program for Survivors (TAPS)

TAPS is the 24/7 tragedy assistance resource for ANYONE who has suffered the loss of a military loved one, regardless of the relationship to the deceased or the circumstance of the death. Founded out of tragedy in 1994, TAPS has established itself as the front line resource to the families and loved ones of our military men and women. TAPS provides comfort and care through comprehensive services and programs including peer based emotional support, case work assistance, connections to community-based care, and grief and trauma resources.

Our National Military Survivor Seminar and Good Grief camp has been held annually since 1994. TAPS also conducts regional Survivor Seminars and Good Grief Camps at locations across the country. The Tragedy Assistance Program for Survivors (TAPS) is a not-for-profit organization and is not part of, or endorsed by, the Department of Defense.

Toll Free: 1-800-959-TAPS (8277) Main Telephone Number: 202-588-TAPS (8277) TAPS Programs: 202-588-TAPS (8277)

Website: http://www.taps.org/

Wounded Warrior Project



Wounded Warrior Project® (WWP) serves veterans and service members who incurred a physical or mental injury, illness, or wound, co-incident to their military service on or after September 11, 2001 and their families. On that date, America watched in horror as approximately 3,000 people died including hundreds of firefighters and rescue workers. Many warriors note a sense of duty to volunteer for the military following these tragic events. Sept. 11 also served as a stimulus for Operations Iraqi Freedom, Enduring Freedom, and New Dawn. Operation Iraqi Freedom refers to military operations in Iraq that began March 19, 2003 and officially ended August 31, 2010. Operation Enduring Freedom refers to combat operations in Afghanistan and other regions in support of the Global War on Terror. Operation New Dawn refers to the conclusion of operations in Iraq beginning September 1, 2010 and ending December 15, 2011. WWP also offers the following programs and services:

Combat Stress Recovery Program (CSRP)
Project Odyssey
Restore Warriors
Physical Health and Wellness (PH&W) Programs
Transition Training Academy (TTA)
Warriors to Work Program

With advancements in battlefield medicine and body armor, an unprecedented percentage of service members are surviving severe wounds or injuries. For every US soldier killed in World Wars I and II, there were 1.7 soldiers wounded. In Operation Iraqi Freedom and Operation Enduring Freedom, for every US soldier killed, seven are wounded. Combined, over 48,000 servicemen and women have been physically injured in the recent military conflicts. In addition to the physical wounds, it is estimated as many as 400,000 service members live with the invisible wounds of war including combat-related

stress, major depression, and post-traumatic stress disorder. Another 320,000 are believed to have experienced a traumatic brain injury while on deployment.

Contact Info: 877-TEAM-WWP (832-6997)

4899 Belfort Road, Suite 300 Jacksonville, Florida 32256 Phone No.: 904.296.7350 | Fax: 904.296.7347

http://www.woundedwarriorproject.org/

